# FILLER APPOINTMENT,

**BLACK & SALESKY DENTISTRY** 

# AVOID ALCOHOL & BLOOD THINNERS

Do not consume alcohol 24 hours before treatment as it may significantly increase your chances of bruising.

If possible, avoid anti-inflammatory and blood-thinning medications for 2 weeks before treatment to minimize bruising (ibuprofen, aspirin, fish oil, etc.)

### FOR BEST RESULTS

Take Benadryl the night before to prevent swelling. Take your anti-viral prescription the night before if prone to cold sores.

#### PAUSE TOPICAL USE

Discontinue Retin-A 2 days before and 2 days after treatment.



# **SCHEDULE**

Schedule your appointment at least 2 weeks prior to a special event which you may be attending.

# **NOT A CANDIDATE IF:**

You have a cold sore, are pregnant or are breastfeeding.

# **FUEL YOUR BODY**

Be sure to have a good breakfast, including food and drink before your procedure. This will decrease the chances of lightheadedness during your treatment.



\$50 off Filler for Black & Salesky dental patients

Direct any further questions to **aDRKAYLEESALESKY**